



## **RMS Girls Volleyball Tryouts**

**We are thrilled to announce tryout dates for our upcoming volleyball season!**

### **Details:**

- Date: Thursday August 22nd and Friday August 23rd, 2024
- Time: 3:45 - 5:45 pm
- Location: Roscoe Middle School Main Gym
- Who Can Participate: Any 6th, 7th or 8th grade female student at RMS

### **What to Expect:**

- An opportunity to meet our coaching staff
- A chance to demonstrate your skills in a supportive environment
- Potential selection for our school team

### **Information needed prior to tryouts:**

- The Consent for Participation, and Concussion Acknowledgement Form must be completed prior to the tryout dates. The Consent for Participation and Concussion Acknowledgement Forms can be completed online:  
<https://roscoeathletics.weebly.com/forms.html>
- An updated Physical must be turned in to the RMS nurse prior to the first day of tryouts (Aug 22). The Physical Form can be printed off and brought to your physician's office to be completed. **IESA Physical Form (PDF)**

### **What to Bring:**

- Athletic attire (shorts, t-shirt, non-marking indoor sports shoes)
- Water bottle
- Positive attitude and enthusiasm

**Don't miss out on this exciting opportunity to be part of our volleyball team. We look forward to seeing you at tryouts!**