



REFRESH

Resources and Essential Fundamentals that Renew Effective Strength-building Habits

The Autism Program of Easterseals is excited to partner with Coaching for a Purpose to offer a program for parents/guardians of an individual diagnosed with autism spectrum disorder. REFRESH is a six-week program designed to support families by working to set goals, provide role models, establish encouragement and build supportive relationships that will bolster resilience.

Group Coach: Juanona Brewster, MDiv, MTS, MJ | **Join In Action:** Coaching for a Purpose

Program runs October 2, 2019 – November 6, 2019

5:30 PM – Light Dinner | 6:00 – 8:00 PM - Program

Location: 650 N. Main St. | Rockford, IL | 61103

WE HAVE OPENINGS FOR 10 FAMILIES

Registration is required by calling 815.395.5566. A light meal will be provided.

Childcare is available for those who register by September 25, 2019.

Those who attend all six sessions will receive a gift card (one per family).