



# Middle School Bowling

**First Day  
of Practice**

**February 21st**

4:30 PM to 5:30 PM

Location of practice  
for each school  
listed below.



**BARBOUR**  
Don Carter Lanes

**BELVIDERE SOUTH,  
BELVIDERE CENTRAL,  
IMMANUEL LUTHERAN &  
NORTH BOONE.**  
Concordia Lanes

**EISENHOWER**  
Don Carter Lanes

**FLINN**  
Don Carter Lanes

**HARLEM**  
Forest Hills Lanes

**LINCOLN**  
Don Carter Lanes

**LUTHERAN**  
Forest Hills Lanes

**MONTESSORI**  
Cherry Bowl

**RESA**  
Cherry Bowl

**ROCKFORD CHRISTIAN**  
Cherry Bowl

**ROSCOE MIDDLE SCHOOL /  
STEPHEN MACK /  
WILLOW BROOK &  
SOUTH BELOIT**  
Viking Lanes

**WEST / MARSHALL /  
KENNEDY**  
Don Carter Lanes

**WINNEBAGO**  
Cherry Bowl

**CHRISTIAN LIFE**  
Park Lanes

**ALL SAINTS**  
Park Lanes

**HOLY FAMILY**  
Park Lanes

**ST BRIDGET'S**  
Park Lanes

**ST. RITA**  
Park Lanes

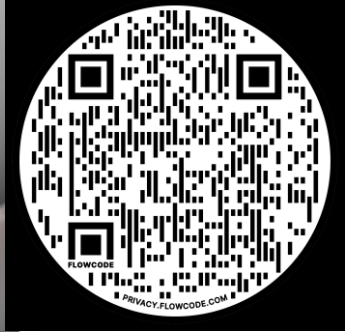
**Join Your School's Team - NO CUTS - Have FUN**

**Online Registration  
Required**

Bowling is America's  
#1 Participation Sport  
70 Million people bowl  
each year!



**One of if not the Largest Middle School  
Bowling Programs in the Country!**



**Registration Deadline - Feb. 19th**

**Pre-Registration REQUIRED.**

**Register ONLINE ASAP!**

**Scan QR code or go to this link:**

<https://bit.ly/MiddleSchoolBowling2023>



Program is  
officially certified by  
the United States  
Bowling Congress



**- Short & Flexible 10 week program -**

**- NO CUTS - ALL Students make the TEAM -**

**- No one rides the bench - EVERYONE Bowls -**

**Everyone Loves Bowling, Have Fun,  
Get Better, Make New Friends.  
And it sure beats hours  
on video games or social media.**

**Is your school NOT listed?**

The Middle School Bowling program is open to all Northern Illinois Middle Schools.

If your school is not listed please contact

Kelly Nimitz (815) 871-5591, Lori Peterson (815) 289-0309

or Jim Bannister (815) 988-1970 to get your school registered

or with any other questions you have about the program.

Your school may provide its own coach or we can help find one for you.

Even if your school wishes not to participate, no problem - we will place your student  
on another school's team so they may enjoy all that bowling has to offer.

**Have FUN, Gain Confidence, Make New Friends, Get OFF Video Games & Learn a Lifetime Sport**

**Follow the Middle School Bowling Facebook Page  
"Northern Illinois Middle School Bowling"**

**website: www.Bowl815.com**

# When are Practices & Matches?

Practices will start Feb 21st @ 4:30 PM to 5:30 PM. Teams will practice typically two times per week until matches start then only one practice per week. Most teams will run practices on Tuesdays & Thursdays. Then once matches start the practice day will be on Thursdays with the match day on Tuesdays.

## Program Fee?

A one time fee of \$99.00 pays for the entire program..... Including all bowling during practices, matches & select tournaments. Uniforms and awards are also included.

## Do I need to be a good bowler?

**Not at All! No bowling experience necessary!**  
**EVERYONE makes the team. NO CUTS!**

Your coach will make the program fun and you will become a better bowler!

## Do I need to have my own bowling ball and shoes?

No, students may use house balls and shoes for FREE

## Is transportation provided?

No school transportation is provided.

## When are Competitions? (Matches are at 4:30 p.m.)

Varsity @ Cherry Bowl  
Junior Varsity @ Don Carter Lanes  
With other local centers used for some of the tournaments and/or matches.

- Match #1 - March 7th      Match #2 - March 14th
- Match #3 - March 21st    Match #4 - March 28th
- Match #5 - April 4th      Match #6 - April 11th
- Match #7 - April 18th     Match #8 - April 25th



### Optional Tournaments Dates:

King / Queen of the Hill - Date TBA

Pins over Average Tournament - Date TBA

Doubles Tournament - Date TBA

Top 16 Tournament Varsity & Junior Varsity - Date TBA



**Joining your Middle School's Bowling Team is a great way to prepare for the High School Bowling Opportunities that exists in the Northern Illinois area.**

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**High School Bowling is one of the Fastest Growing High School Sport in the Country.**

**Now more than 250 Colleges & Universities offer Bowling as a sport.**

**Locally, Rock Valley College has a very successful Women's and Men's Colligate Bowling Team, with Multiple National Championships.**



**Our local Bowling Foundation has awarded over 1.7 Million dollars in scholarship \$\$\$ to 815 area youth bowlers.**



**Local Scholarship \$\$\$\$\$  
(Over 1.7 Million) Awarded**



Program certified by the United States Bowling Congress



In addition to the local Middle School competitions, teams may choose to participate in the IESA Secitonals / State Finals.

Rockford area middle schools have won multiple IESA State Championships.