



NAMI BASICS



Beginning March 4, NAMI Basics is a free, 6-week education program for parents and family caregivers of children and teens who are experiencing symptoms of a mental health condition or whom have already been diagnosed. Taught by trained individuals with lived experience, you'll find out that you're not alone. Recovery is a journey, and there is hope.

Register Today!

815-963-2470

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naminorthernillinois.org

Parents and caregiver support meets the first and third Tuesdays of each month at Riverside Community Church (6816 N 2nd St, Machesney Park, IL 61115) beginning at 5:30pm. Meeting at the same time/location is a teen support group (for ages 13-19) hosted by Group Hope!